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EDITORIAL STAFF

LorrieAnn Santos
JoAnn Tsark

Contributing Editor
Melia Formento

Award for Outstanding Provider in Tobacco Control for 2006

Annually, the Coalition for a Tobacco-Free Hawaii recognizes outstanding individuals, businesses, organizations, and youth who have demonstrated leadership and initiative in tobacco control in our state.

For 2006, ʻImi Hale and the five Native Hawaiian Health Care Systems were selected as Outstanding Provider in Tobacco for their work in the area of increasing tobacco cessation and reducing disparities in tobacco use.

On October 19, 2006, the Coalition will hold its Annual Meeting at the smoke-free Waikiki Beach Marriott Hotel, and recognize ʻImi Hale and the Native Hawaiian Health Care Systems for their leadership, passion, and dedication to making Hawaiʻi tobacco free.



ʻImi Hale Quit Kit

This award is a culmination of over five years of collaboration between ʻImi Hale, the five Native Hawaiian Health Care Systems, the Department of Health Tobacco Prevention and Education Program, and Asian Pacific

Partners for Empowerment and Leadership, with contributing partners - Office of Hawaiian Affairs, Hawaiʻi Community Foundation, American Cancer Society, and Lance Armstrong Foundation.

The result is a systems-wide change in tobacco cessation that enables the five Native Hawaiian Health Care Systems to provide a comprehensive intervention from state-based data that is enhanced with Hawaiian, island-specific data and adheres to the principles of community-based participatory research that include consensus, training, and capacity-building.

Hawaiʻi's Smoke Free Law Goes Into Effect November 16, 2006

On November 16, 2006, Hawaiʻi's Smoke Free law goes into effect.

Under the law, **smoking will be prohibited:**

1) In enclosed or partially enclosed facilities owned by the state or counties, open to the public (this includes private businesses), that are

places of employment (private homes used as child-care, adult care or health care facilities are considered places of employment);

2) In Hawaiʻi airports (cabin to curb and vice versa);

3) Within 20 feet of doorways, windows and ventilation intakes; and

4) In the enclosed, partially enclosed and seating areas of sports arenas, outdoor arenas, stadiums and amphitheaters.

Direct questions, concerns, violations and complaints to the Department of Health at (808) 586-4613 or the Aloha United Way Help Line at 211.

Native Hawaiian Nursing Leaders



Jamie Kamilani Boyd,
PhD, APRN-Rx

“Research should be meaningful and should lead to positive change or valued supports.”

In a field that requires its professionals to continually be learning, it is hard to believe that so few nurses have advanced degrees. Jamie Boyd, PhD, APRN recently became one of three Native Hawaiian nurses to earn a doctorate in nursing.

Dr. Boyd worked as a registered nurse in acute care for 10 years. For the last six years she has worked as a family nurse practitioner at Leeward Community College, providing clinical services and serving as clinical faculty mentoring nursing students and working on research projects.

As a Native Hawaiian nurse, Dr. Boyd is someone who I have looked to for mentorship and guidance. For this reason, I was very excited to be able to sit down with her and learn more about what she has been doing and how she has been able to accomplish so much.

MF: What prompted you to pursue your PhD?

JB: One of my greatest desires is to create new knowledge related to evidence-based health care for Native Hawaiians. Professionally, I knew that having a PhD would allow me to have much more autonomy. Fortunately, as a faculty member of the University of Hawaii School of Nursing, tuition waivers are provided to support continuing education.

MF: Tell me about your dissertation for your PhD.

JB: I studied the perceptions of young adult Native Hawaiians related to healthy living to explore the barriers and supports for this population to live a healthy lifestyle. It is critical to our health care system to have a better understanding of the types of services that are valued by Native Hawaiians instead of solely relying on Western based assessments and interventions.

MF: What kept you motivated while pursuing your PhD?

JB: The mentorship I received from `Imi Hale

and the Native Researchers Cancer Control Training Program at Oregon Health Sciences University was invaluable. It was a privilege to work with others who have experienced the gaps between Native ways of knowing and western ways of knowing to help me complete my PhD studies.

MF: Who do you consider to be your professional role models or mentors?

JB: Kekuni Blaisdell, M.D., Earl Kawa`a, MSW and Kathryn Braun, DrPH have provided an incredible amount of support and guidance.

MF: What words of wisdom do you give those of us who are either considering going back to school or pursuing research projects?

JB: Research should be meaningful and should lead to positive change or valued supports. It is of greatest importance to work for the purpose of knowing the needs of individuals, families, and communities and then using

The contributing editor for this article, **Melia Formento, MSN, APRN** is a family nurse practitioner at Kapi`olani Breast Center with the Department of Health's Breast & Cervical Cancer Control Program.



Melia is also a junior researcher in `Imi Hale's Na Liko Noelo Program.

Imi Hale Health & Wellness Curriculum



Manny Kulukualani paddling his one man canoe

The curriculum for Health & Wellness consists of short (15-20 minute) lessons intended to encourage youth to practice healthy and active

lifestyles so they can perform better today and prevent or delay chronic diseases in the future.

The curriculum was tested on high school students, ages 15-18, who were participating in OIA and ILH canoe paddling teams, although this curriculum may be applicable to other sports teams.

The lesson plans were created so they could be taught by a variety of speakers, such as nutritionists, elite paddlers, and /or doctors. The plans

include lesson objectives, materials and resource information, activities, Q&A guides, and outlines for each lesson.

Topics covered in the lessons include Nutrition, 5-A-Day and Non-Food (Empty Calories), Athletic Supplements, Smoking and Lung Cancer, and Skin Cancer Prevention. Additional lessons, such as preventing sports-related injuries can easily be added to the curriculum.

For more information or to participate contact Manny at 597-6558.

New Breast Health DVD Features Breast Cancer Survivors and Advocates for Early Detection

Hawaiian breast cancer survivors share their stories and motivating messages in a new DVD produced by Imi Hale.

In Hawaii, Hawaiian women get breast cancer more often than other women and experience worse outcomes because it is detected late. Nine out of ten women who find their breast cancer early, will survive! Those are great odds, and a great reason to get screened regularly.

This message is emphasized in the DVD through heartfelt stories by Hawaiian breast cancer survivors and their family members and by health advocates and two Hawaiian kauka, oncologist Dr. Clayton Chong and family practitioner Dr. Momi Ka'ano'i. The DVD also features noted kupuna, W. Pele Hanoa of Ka'u, who shares the *'ili'ili hanau mo'olelo* she uses to teach other women about

breast health.

Lastly, an interactive, easy to play game is included in the DVD, giving users a fun way to learn more about breast health.

Behind the scenes were the stellar film crew of Leah Kihara, Na'alehu Anthony and Scott Kanda and Imi Hale staff Lorrie Ann Santos and JoAnn Tsark, who produced the DVD from start to finish.

Distribution of the DVD will get underway following the Susan G. Komen **Race for the Cure** in October 2006, in appreciation for the funding received from the Hawai'i Affiliate of the Susan G. Komen Breast Cancer Foundation.

If your organization would like to receive a copy of the DVD, contact the Native Hawaiian Health Care System on your island and ask for the Cancer Coordinator listed.

Ho'ola Lahui Hawai'i (Kaua'i)
Kamuela Aea 240-0107

Ke Ola Mamo (O'ahu)
Jan Fernandez 848-8000 x 224

Hui No Ke Ola Pono (Maui)
Nalani Perreira 442-6811

Na Pu'uwai (Moloka'i)
Valerie Starkey 530-3653

Ke Ola Hou O Lana'i (Lana'i)
JulieAnn Mock Chew 565-7204

Hui Malama Ola Na 'Oiwi (Hawai'i)
Leimomi Shearer 969-9220

"Nine out of ten women who find their breast cancer early, will survive!" Those are great odds, and a great reason to get screened regularly.

Toni Bissen in the middle of mother Lehua Bissen and aunt Roberta Ka'akua, both cancer survivors



Have you ever thought or said: “I wish had a handout in _____ (pick your language) to give to my patient that explains the sigmoidoscopy or colonoscopy prep”?

Well, now there is a solution for this problem which will provide easy access to culturally relevant, accurate cancer education materials in Asian and Pacific Islander languages.

Asian Pacific Islander Cancer Education Materials Tool



TARGET AUDIENCE FOR THE WEBSITE: Healthcare Providers

WEBSITE SPONSORS: The American Cancer Society (ACS) and the Asian American Network for Cancer Awareness, Research, and Training (AANCART).

CURRENT WEBSITE CONTRIBUTORS:

AANCART: *Asian American Network for Cancer Awareness and Training*
American Cancer Society

CCHRC: *Chinese Community Health Resource Center*

Harborview Medical Center/Ethnomed

'Imi Hale – Hawaiian Cancer Network

UCSF – VCHPP – SKLV: *Vietnamese Community Health Promotion Project, Suc Khoe La Vang (Health is Gold)*

WINCART: *Weaving an Islander Network for Cancer Awareness, Research and Training.*

HOW TO ACCESS:

www.aancart.org/APICEM

www.cancer.org/APICEM

'Imi Hale

Native Hawaiian Cancer Network
A program of Papa Ola Lokahi



894 Queen Street
Honolulu, HI 96813
Tel: 808-597-6558
Toll-Free: 1-866-600-HALE
Fax: 808-597-6552
Website: www.imihale.org