



Ho'okele i ke Ola Training Content Areas & Delivery Methods

Learning Objective	Teaching Methods
1. Describe the role of a Cancer Patient Navigator	<ul style="list-style-type: none"> Attend lecture on cancer patient navigation: definition and role Talk story with a patient navigator Write about new knowledge/skills and how they can be applied in your work (after each day) Give examples of how knowledge/skills have been applied (end of last class)
2. Explain the importance of maintaining confidentiality of the people you help	<ul style="list-style-type: none"> Attend lecture on confidentiality and HIPAA Discuss confidentiality policies and procedures in each organization
3. Describe barriers to cancer care and ways to overcome them	<ul style="list-style-type: none"> Attend lecture on cancer patient navigation: definition and role Attend lecture on culture and communication Discuss personal culture and communication styles Discuss beliefs that can limit help seeking Write how to overcome specific barriers
4. Identify unique risk factors, tests and treatments of cancer. (focus on 8 types)	<ul style="list-style-type: none"> Attend lecture on cancer 101 Receive information on specific cancers from providers during facility tours Tour cancer diagnostic and treatment facilities, including treatment rooms and equipment Talk story with cancer patients and their families Complete worksheets on specific cancers Add to resource binder
5. Identify related physical, psychological and social issues likely to face people with cancer and their families	<ul style="list-style-type: none"> Attend lecture on psychological issues for patients, families, and navigators Talk story with cancer patients and their families Add to resource binder Use "Questions to ask When You or Someone You Love Has Cancer" booklet to identify questions the patient should ask
6. Demonstrate the ability to gather data and create a "Patient Record"	<ul style="list-style-type: none"> View lecture on types of information a patient should keep Review a model of a record the patient may want to keep Use "Questions to ask When You or Someone You Love Has Cancer" booklet to identify questions the patient should ask Find and review free resources for patient record keeping, add to resource binder



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7. Demonstrate ability to find reliable cancer info from agencies and on the Web.	<ul style="list-style-type: none"> • Explore the website for the National Cancer Institute (NCI) • Find the answers to cancer questions online and by phone • Add to resource binder
8. Describe cancer-related services available in your community.	<ul style="list-style-type: none"> • Tour of cancer diagnostic and treatment facilities • Attend lecture on financial assistance services • Talk story with ACS and other providers of cancer care. • Develop resource list for a specific cancer patient case. • Add to resource binder
9. Describe the advantages of participating in clinical trials and barriers to participation.	<ul style="list-style-type: none"> • Attend lecture on clinical trials: advantages and barriers • Tours of facilities and agencies connected with clinical trials • Talk story with patient who benefitted from clinical trial • Talk story with clinical trials experts • Add to resource binder
10. Define palliative care and hospice care.	<ul style="list-style-type: none"> • Attend lecture on palliative care and hospice • Tour of facilities that provide hospice and/or palliative care • Talk story with palliative care network • Add to resource binder.
11. Assist patients in completing an advance directive.	<ul style="list-style-type: none"> • Attend lecture on advance directives and end of life issues • Complete an advance directive for oneself • Discuss feelings associated with talking about the end of life
12. Demonstrate the ability to work through “mock” cancer cases.	<ul style="list-style-type: none"> • Attend lecture on role plays • Work through cancer cases to practice identifying barriers and information/resource needs; these can be completed individually or discussed and/or role played by small groups.
13. Demonstrate ability to organize a resource binder	<ul style="list-style-type: none"> • The “resource binder” exercise is introduced on the first day of class, and a completed binder is due on the last day. Students take this binder to the worksite to use as a cancer patient navigator • Add useful materials collected throughout the course of training to resource binder
14. Describe ways to care for yourself	<ul style="list-style-type: none"> • Attend lecture on burnout and grief • Participate in relaxation exercises